

# Thereby Hangs A Tale

The News for the Canton of Lions End within the Crown Province of Ostgardr



August, 2022  
September, 2022

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# **Medieval Happenings in the Mundane World**

## **Are We Doing Medieval Feasts Wrong?**

On May 5, CNN ran on a report on its website that the image of a grand feast enjoyed by nobles may be wrong.

A new study that took a look at the dietary signatures in the bones of more than 2,000 Anglo-Saxons skeletons revealed that most ate a diet of cereals, vegetables and were low in animal protein regardless of their social status.

The study also suggests that these feasts weren't limited to just the nobles, but peasants may have attended as well.

## **Drought Exposes Historic Ruins**

As Europe experiences its worst drought in 500 years, many countries are reporting that submerged relics are now being seen for the first time in years. In northwestern Spain, along the Lima River in Galicia, a roman fort is now visible. Also in Spain the "Spanish Stonehenge" officially known as the Dolmen of Guadalperal is now once again visible. The Tiber River's level in Rome is so low that two piers of Nero's Bridge can be seen near the Vittorio Emanuele bridge that crosses the river near the Vatican. Also foreboding "Hunger Stones" have started to emerge from dry riverbeds in Germany and the Czech Republic. In the Elbe River near Decin in northern Czech Republic one stone reads "If you see me, then weep".

## The Cat's Corner

One theory why the cat was despised by some in the Middle Ages was that people in the Middle Ages believed that animals were created by God to serve humans. The cat, with its untamable spirit, seemed more like a devil's creature. Edward, Duke of York wrote in the 15<sup>th</sup> century: "their falseness and malice are well known. But one thing I dare well say that if any beast has the devil's spirit in him without doubt it is the cat, both the wild and the tame."



*Look at this face! Do I look like a devil to you?*

Photo by Fran Avnet

## Upcoming Events

**Oct 2, 2022.** *Cloisters Demo.* Fort Tryon Park, 1 Margaret Corbin Drive, New York, NY Site Opens: 11:00 am (Setup begins at 9:00 am). Site Closes: 6:00 pm (followed by teardown). For more information contact the event steward: Mathghamhain Ua Ruadháin, mka Matthew Simon Ryan Cavalletto, [231060@members.eastkingdom.org](mailto:231060@members.eastkingdom.org). 917-502-7795